

Lecturer of Health & Human Performance
Fort Lewis College
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Major: Athletic Training

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Fort Lewis

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University

Albuquero
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CAATE Accredited Undergraduate Athletic Training Program
Department of Kinesiology
New Mexico State University

Department of Athletics
Lincoln Memorial University

Department of Athletics
California University of Pennsylvania

Novacare Physical Therapy

AT 220	Clinical Instruction in Athletic Training I
AT 224	Foundations in Athletic Training
AT 385	Therapeutic Modalities
AT 400	Clinical Instruction in Athletic Training V
AT 420	Clinical Instruction in Athletic Training VI
AT 440	Clinical Instruction in Athletic Training VII
AT 480	Administration in Athletic Training
AT 484	General Medical Concepts
AT 495	Research in the Health Professions I
AT 496	Research in the Health Professions II
BIO 233	Anatomy Laboratory
GS 100	Freshman Seminar: Pre-Athletic Training
ES 101	Basic Prevention and Treatment of Athletic Injuries
ES 185	Introduction to Coaching
ES 244	Exercise Epidemiology & Health
ES 300	Sport and Film
ES 335	Biomechanics Laboratory
ES 389	Coaching Internship
ES 490	Personal Training Professional
PE 1530	Beginning Basketball

PENP 100(s)	Activity Courses
PENP 188	Modified Physical Education
PEP 226	Sport Pedagogy, Lifetime Pursuits
PEP 233	Sport Pedagogy, Invasion Games
BIOL 247L	Anatomy Laboratory
PEP 273	Introduction to Athletic Training
PEP 283	Athletic Training Clinical I
PEP 493	Fitness & Wellness for a Lifetime

SPM 390
SPM 390L

Anatomy I
Anatomy I Laboratory

. (October 2009). Anterior cruciate ligament prevention techniques for physical educators. New Mexico Association for Physical Education, Recreation and Dance, Combined Convention, Albuquerque, New Mexico.

., Freeman, B. & Halpern, A. (July 2009). Injury prevention and sports nutrition for the female athlete. New Mexico High School Coaches Association, Albuquerque, New Mexico.

. (April 2009) (Poster). The use of hand-held multi-media devices in athletic training education for the development of psychomotor skill. University of New Mexico Graduate Student Research Colloquium, Albuquerque, New Mexico.

. (May 2008). Cognition in athletic training: implications for instructional design. New Mexico Athletic Trainers Association, Albuquerque, New Mexico.

. (May 2007). Achilles tendinopathy in a collegiate basketball player: a case study. New Mexico Athletic Trainers Association, Roswell, New Mexico.

(August 2022) Heat injury and illness. The 2022 Colorado High School Athletics Association All School Summit/Sports Medicine Advisory Committee Symposium. Denver, Colorado.

(July 2018). Master of Ceremonies. Laguna Sports Academy 10 Year Reunion Celebration. Albuquerque, New Mexico.

(April 2014). The athletic training education program at fort lewis college. The 2014 New Mexico High School Association Athletic Training Challenge, Aztec, New Mexico.

(April 2013). The athletic training education program at fort lewis college. The 2013 New Mexico High School Association Athletic Training Challenge, Albuquerque New Mexico.

James, K. & (June 2010). Hard and soft skills for the workplace. The 2010 Laguna Youth Summit. Laguna, NM.

& Freeman, B. (July 2009). Injury prevention & sports nutrition techniques for physical educators. Albuquerque Public Schools Professional Development Day, Albuquerque, New Mexico.

(July 2009). Keynote Address. Laguna Sports Academy Basketball Banquet. Albuquerque, New Mexico.

Garcia, T. & (August 2007). Anterior cruciate ligament injury prevention. Bellarmine High School. Tacoma, Washington

(2022) Faculty development grant, traditional research & scholarship to attend the Rocky Mountain

(2014) Capital improvement: stationary exercise bicycles for the athletic training education program and the department of athletics. Fort Lewis College Foundation.

(2014) Faculty development in teaching innovation, pedagogy, and assessment, the 2015 national athletic trainers' association athletic training educator's conference. Fort Lewis College Faculty Committee for Teaching, Innovation, Pedagogy and Assessment.

(2014) Capital improvement: The addition of an intermittent compression device for the athletic training education program and the department of athletics. Fort Lewis College Foundation.

Colorado Athletic Trainers Association
Colorado Representative on the RMATA Board of Directors

Scholarship Committee
Rocky Mountain Athletic Trainers Association

Executive Committee in Education
National Athletic Trainers Association

Rocky Mountain Sports Medicine Foundation

National Athletic Trainers Association

RMATA Public Relations Committee
District 7 Representative on the NATA Public Relations Committee

NMATA Public Relations Committee
NM Representative on the RMATA Public Relations Committee

Exercise is Medicine-On Campus (EIM-OC) Committee
Fort Lewis College

Health & Human Performance Mentoring Committee
Fort Lewis College

Health & Human Performance Scholarship Committee
Fort Lewis College

Health & Human Performance Nutrition Faculty Search Committee
Fort Lewis College

Academic Needs Assessment, Feasibility and Survey Committee
Fort Lewis College

Assistant Athletic Trainer Search Committee
Fort Lewis College Athletics

Exercise & Sport Sciences Faculty Search Committee
University of New Mexico

Assistant Athletic Trainer Search Committee
New Mexico State University Athletics

Head Women's Basketball Coach Search Committee
New Mexico State University Athletics

Athletic Training Student Organization
Lincoln Memorial University

Mercy Sports Medicine

Department of Kinesiology
New Mexico State University

CAATE Accredited Graduate Program
Northern Arizona University

Durango Parks & Recreation

The Bosque School (Albuquerque, New Mexico)

Laguna Sports Academy (Laguna Pueblo, New Mexico)

Langford Physical Therapy (Albuquerque, New Mexico)

Southwest Sports Institute (Albuquerque, New Mexico)

Department of Kinesiology
New Mexico State University

Middle School Science Camp
Fort Lewis College

Colorado High School Cycling League
State Championship

Run the Rim-5K Race
Fort Lewis College

Aztec High School

The Bosque School

NMAA State Basketball Championship

USA Indoor Track & Field Championships

NMAA North-South All Star Basketball Games

NCAA Men's Basketball Championship

NCAA Women's Equestrian National Championship

Board Certified Athletic Trainer

Colorado Licensed Athletic Trainer

Impact Trained Athletic Trainer (ITAT)

QPR Suicide Gatekeeper Certificate

Stop the Bleed Instructor